Goal Setting

CheckPoint

Student: **James Ballou** Thursday, February 18, 2010
Due: Week 5 Day 4 [Individual] forum

Use this document as a template for your CheckPoint assignment. Simply replace the information in blue with the relevant information.

Goal 1: Get my conceal carry gun permit

Short Term Goals: These goals are designed to support the overall goal. Such short term goals.

1. Go to the gun range at least ten times within the next month.
2. Enroll in the conceal carry class that takes place on March 27.
3. Purchase flat head rounds for qualifying
4. Replace flat head rounds with hollow points for qualification

The description that I include for the overall goal must describe how the goal is specific and how it is moderately difficult. I also describe how the goal aligns with my values.